

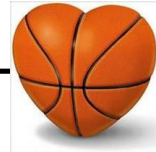
## Aquatics Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12:00-12:45 P.M. <b>Open Swim</b> 18+	12:00-12:45 P.M. <b>Open Swim</b> 18+	12:00-12:45 P.M. <b>Open Swim</b> 18+	12:00-12:45 P.M. <b>Open Swim</b> 18+	12:00-12:45P.M. <b>Open Swim</b> Ages 18+	10:00-10:45 A.M. <b>Open Swim</b> 18+
1:00-1:45 P.M. <b>Open Swim</b> 18+	1:00-1:45 P.M. <b>Open Swim</b> 18+	1:00-1:45 P.M. <b>Open Swim</b> 18+	1:00-1:45 P.M. <b>Open Swim</b> 18+	1:00-1:45 P.M. <b>Open Swim</b> 18+	11-11:45 A.M. <b>Open Swim</b> 18+
2:00-2:45 P.M. <b>Open Swim</b> 18+	2:00-2:45 P.M. <b>Open Swim</b> 18+	2:00-2:45 P.M. <b>Open Swim</b> 18+	2:00-2:45 P.M. <b>Open Swim</b> 18+	2:00-2:45 P.M. <b>Open Swim</b> 18+	12:00-12:45 P.M. <b>Open Swim</b> Ages 8-17
4:00-4:45 P.M. <b>Open Swim</b> Ages 8-17	4:00-4:45 P.M. <b>Open Swim</b> Ages 8-17	4:00-4:45 P.M. <b>Open Swim</b> Ages 8-17	4:00-4:45 P.M. <b>Open Swim</b> Ages 8-17	4:00-4:45 P.M. <b>Open Swim</b> Ages 8-17	1:00-1:45 P.M. <b>Open Swim</b> Ages 8-17
5:00-5:45 P.M. <b>Learn to Swim</b> Ages 8-17	5:00 7:15 P.M. <b>Lifeguarding</b> 15+	5:00-5:45 P.M. <b>Learn to Swim</b> Ages 8-17	5:00-7:15 P.M. <b>Lifeguarding</b> 15+	5:00-5:45 P.M. <b>Water Flag Football</b> Ages 8-17	3:00-3:45 P.M. <b>All Swim</b> All Ages
6:00-7:00 P.M. <b>Water Workouts</b> w/ water weights Ages 16+		6:00-7:00 P.M. <b>Open Swim</b> 18+		6:00-7:00 P.M. <b>Family Swim</b> All Ages	4:00-5:00 P.M. <b>Family Swim</b> All Ages

All children under 8 years old and 4 feet tall must be accompanied and supervised in the water by an adult at all times  
Two children per adult.

### Special Programs

<b>Boxing</b>	<b>Monday-Thursday</b>	<b>5:15-7:15 p.m.</b>	<b>8+</b>
<b>Youth Soccer</b>	<b>Mondays and Thursdays</b>	<b>5:00-6:30 p.m.</b>	<b>Ages 9-12</b>
<b>After-school meals</b>	<b>Monday-Friday</b>	<b>4:00-4:45 p.m.</b>	<b>Ages 5-18</b>
<b>Flag Football</b>	<b>TBA</b>	<b>TBA</b>	<b>Ages 9-14</b>
<b>Martial Arts</b>	<b>Mon., Tue., Wed.</b>	<b>5:00-6:30 p.m.</b>	<b>Ages 7-18</b>



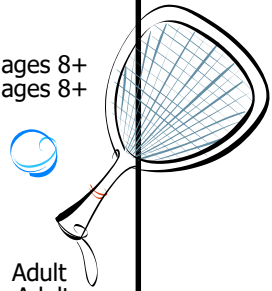
\*Schedule subject to change without prior notice.



Michael J. Zone Neighborhood  
Resource & Recreation Center  
6301 Lorain Ave.  
216/664-3373

### Racquetball

Open Racquetball Monday-Friday 12:15-7:15 p.m. ages 8+  
Saturdays 10:15am-5:15pm ages 8+



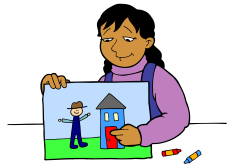
### Weight Room

Open Weight Room Monday- Friday 12:00-7:00 p.m. Adult  
Saturdays 10:00am-5:15pm Adult



### Cultural Arts

Art Thru Exploration	Tue/Thurs.	5:00-6:00PM	All Ages
Arts and Crafts	Fridays	3:30-7:00PM	All Ages
Drama Club	Thurs.	5:00-6:30PM	All Ages



### Gymnasium Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12:00-2:45p.m. <b>Open Gym</b> 18+	12:00-2:45 p.m. <b>Open Gym</b> 18+	12:00-2:45p.m. <b>Open Gym</b> 18+	12:00-2:45p.m. <b>Open Gym</b> 18+	12:00-2:45p.m. <b>School groups</b>	10am-12pm <b>Basketball workouts</b> Ages 9+
3:00-5:00 p.m. <b>Open Gym</b> Ages 8-17	3:00-5:00 p.m. <b>Open Gym</b> Ages 8-17	3:00-5:00p.m. <b>Open Gym</b> Ages 8-17	3:00-5:00 p.m. <b>Open Gym</b> Ages 8-17	3:00-5:00 p.m. <b>Open Gym</b> Ages 8-17	12:00-2:30 P.M. <b>Basketball Practice</b> Ages 13-16
5:15-7:00 P.M. <b>Baseball Practice</b> Ages 9-12	5:15-7:00P.M. <b>Girls basketball practice</b> 15-17	5:15-7:00 P.M. <b>Baseball Practice</b> Ages 9-12	5:15-7:00 P.M. <b>Basketball workouts</b> 8-17	5:30-6:30P.M. <b>Girls Basketball</b> Ages 15-17	3:00-5:30pm <b>Soccer games</b> Adults
				6:45-7:30 P.M. <b>Volleyball</b> 16+	