



SENIOR WALK SERIES



CITY OF CLEVELAND
Mayor Frank G. Jackson

Cleveland Department of Aging and the Division of Recreation are sponsoring six walks at scenic parks and recreation centers around Cleveland this summer. This is a great way to get active, meet new friends, explore our parks and have fun. Each walk will offer safety tips by Cleveland Police, an opportunity to walk with an EMS Medic, health tips by community partners and a raffle.

Register by calling or emailing:

Fallon at the Cleveland Department of Aging at 216-664-4383 or at fpeterson@city.cleveland.oh.us

Please RSVP for weather updates and reminders

<p>Thursday, June 14th 9:30am</p> <p><i>League Park</i> 6601 Lexington Ave.</p>	<p>Thursday, June 21st 9:30am</p> <p><i>Michael Zone Walking Trail</i> 6301 Lorain Ave.</p>	<p>Tuesday, July 17th 9:30am</p> <p><i>Edgewater Park Walking Trail</i> 7600 Memorial Shoreway</p>	<p>Thursday, July 19th 9:30am</p> <p><i>Halloran Park</i> 3550 W. 117th St.</p>	<p>Tuesday, August 21st 9:30am</p> <p><i>Collinwood Walking Trail</i> 16300 Lakeshore Blvd.</p>	<p>Thursday, August 23rd 9:30am</p> <p><i>Zelma George Track</i> 3155 MLK Dr.</p>
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All fitness levels are welcome! Walk at your own pace.