

# 13<sup>TH</sup> ANNUAL CLEVELAND SENIOR WALK

THURSDAY  
SEPT. 7, 2017



Join us for this **FREE**  
one or two mile fun walk.

**FREE** T-shirts provided to the first  
1,000 registered walkers.

*Walkers are encouraged to carpool. Cars, vans and busses  
can park in the Municipal Lot at E. 9th Street and the  
Shoreway for \$4.00 (Exact change or credit card required).*

Bicycle parking available on Mall C.  
**FREE** shuttles will take walkers to and  
from the Municipal Lot to Mall C.

**FOR MORE INFORMATION CALL THE CLEVELAND  
DEPARTMENT OF AGING AT 216-664-2833.**

MALL C  
DOWNTOWN  
CLEVELAND

REGISTRATION & HEALTH  
SCREENINGS 8:45 a.m.  
BRIEF PROGRAM 9:30 a.m.  
WALK BEGINS 10 a.m.

IF IT IS RAINING,  
WALK IS INSIDE  
PUBLIC HALL



PROMOTING THE FLU VACCINE  
FOR OLDER ADULTS AND  
FALLS PREVENTION



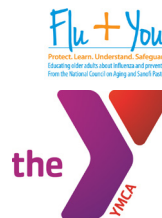
CITY OF CLEVELAND  
Mayor Frank G. Jackson



MetroHealth



Cleveland Department of Public Health



Flu + You  
Protect. Learn. Understand. Safeguard.  
Education and skills to live with confidence and prevention.  
From the National Council on Aging and United Patient



Preventing Falls...  
One Step at a Time

## CLEVELAND SENIOR WALK REGISTRATION FORM

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Address \_\_\_\_\_ Apt# \_\_\_\_\_

City \_\_\_\_\_ Zip Code \_\_\_\_\_ Phone Number \_\_\_\_\_

### Return the form:

**Mail:** Ray Odom, Department of Aging, 75 Erieview Plaza, 2<sup>nd</sup> Floor, Cleveland, Ohio 44114.

**Fax:** 216-420-8076

**Email:** scan and email to [rodom@city.cleveland.oh.us](mailto:rodom@city.cleveland.oh.us)

**Register online** at [www.eventbrite.com](http://www.eventbrite.com) at Cleveland Senior Walk.

Participation in this program is voluntary. By participating, each individual releases and holds harmless the City of Cleveland and other sponsors in this event for any and all damages, claims, or losses in connection with or arising out of participation in this program.