Aquatics Schedule

**Monday**
- 12:00-12:45pm: Learn to Swim
  - 8-17
- 1:00-1:15pm: Open Swim
  - All Ages
- 5:30-6:30pm: Water Fitness
  - 18+
- 6:30-7:30pm: Aqua Mix
  - 18+

**Tuesday**
- 12:00-12:45pm: Learn to Swim
  - 8-17
- 1:00-1:15pm: Open Swim
  - All Ages
- 5:30-6:30pm: Water Fitness
  - 18+
- 6:30-7:30pm: Aqua Mix
  - 18+

**Wednesday**
- 12:00-12:45pm: Learn to Swim
  - 8-17
- 1:00-1:15pm: Open Swim
  - All Ages
- 5:30-6:30pm: Water Fitness
  - 18+
- 6:30-7:30pm: Aqua Mix
  - 18+

**Thursday**
- 12:00-12:45pm: Learn to Swim
  - 8-17
- 1:00-1:15pm: Open Swim
  - All Ages
- 5:30-6:30pm: Water Fitness
  - 18+
- 6:30-7:30pm: Aqua Mix
  - 18+

**Friday**
- 12:00-12:45pm: Learn to Swim
  - 8-17
- 1:00-1:15pm: Open Swim
  - All Ages
- 5:30-6:30pm: Water Fitness
  - 18+
- 6:30-7:30pm: Aqua Mix
  - 18+

**Saturday**
- 10:00-11:30am: Open Swim
  - 18+

Other Exciting Activities

**Fitness Room**
- Monday–Friday: 12:00-7:30 p.m.
- Saturday: 10:00-5:30 p.m.

**Boxing**
- Monday-Friday: 1:00-7:30 p.m.
- Saturday: 10:00-5:30 p.m.

Weight Room
- Monday-Friday: 12:00-7:30pm
- Saturday: 10:00-5:30pm

**Game Room**
- Monday-Friday: 1:00-7:30pm
- Saturday: 10:00-5:30pm

Lunch Program
- 12:00:00 p.m. — 1:00:00 p.m.
  - Monday—Friday
  - 17 & Under

Youth Outdoors
- If you enjoy the outdoors and would like to be part of our youth outdoors club.
- Please inquire at our front desk area. Permission slips are mandatory.

Subject is scheduled to change without prior notice.

*Children 7 and under must be accompanied by an adult in the facility at all times.