



CITY OF CLEVELAND
Mayor Frank G. Jackson

Neighborhood Resource & Recreation Center

Health & Wellness Fairs

Health & Wellness is one of six key areas of expanded programming at our Neighborhood Resource & Recreation Centers. The new offerings are part of Mayor Frank G. Jackson's efforts to improve quality of life for Cleveland residents. Health & Wellness Fairs are free and open to the public.

Upcoming dates:

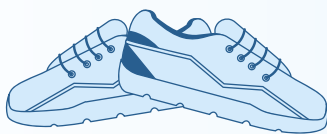
Zelma George Recreation Center
July 10, 2019
10 a.m. - 2 p.m.

Estabrook Recreation Center
July 26, 2019
10 a.m. - 2 p.m.



Health and wellness fairs provide community members access to important information and resources designed to improve their health and overall well-being. Fairs will feature:

- Free Blood Pressure and Glucose Screenings
- Free Hepatitis A Vaccines
- Health Mobile
- Resource Tables
- Live Entertainment
- Food / Refreshments



JOIN US FOR OUR UPCOMING SENIOR WALK

Wednesday, July 10 at 10 a.m.
Zelma George Neighborhood Resource & Recreation Center
3155 Martin Luther King Jr. Dr.

The Health & Wellness Fairs are made possible through the collaboration of:

- The Mayor's Office of Prevention, Intervention and Opportunity for Youth & Young Adults
- Cleveland EMS
- Cleveland Division of Police
- Cleveland Department of Health
- Cleveland Department of Aging
- Cleveland Department of Community Development

**Building Stronger Families.
Developing Healthier Neighborhoods.**

